

February 23, 2021



Texas Wrestling Coaches,

Due to COVID concerns, TWOA officials will not be performing weigh-ins or skin checks for regular season events for this year. The handling of these tasks for post-season events will be determined later.

Weigh-Ins

Authorized persons from the hosting school will be responsible for handling weigh-ins. According to the NFHS Rule 4-5-4:

“The referee, or other authorized person, shall supervise weigh-ins.”

Per AJ Martinez, UIL - 'Authorized Person' is defined a school administrator or school approved personnel.

Please note that the “authorized person” can be of any gender to weigh in either boys or girls. This is permissible because all contestants shall weigh-in wearing a legal uniform and suitable undergarment.

Skin Checks

Skin checks shall be performed before the dual event begins by “a designated, on site, appropriate health-care professional” per Rule 3-1-4a:

“Before the dual meet begins, the referee shall perform skin checks or verify skin checks have been performed by a designated, on site meet, appropriate health-care professional.”

The phrase “appropriate health-care professional” (AHCP) will be more clearly defined by UIL soon.

A properly completed [NFHS Medical Release Form](#) will be required for any skin issues (Rule 4-2-3). This form will need to be presented to the head official upon their arrival to the site for verification purposes.

Other Responsibilities

Prior to the event, the head coach of each participating team shall verify that all of their wrestlers will be in proper uniform, properly groomed, properly equipped, and are ready to wrestle (Rule 1-2-4). This responsibility is no different than in previous seasons. Any wrestler reporting to the scorer’s table not properly equipped or not ready to wrestle will be assessed a technical violation and an injury timeout.

Final Comments

These changes, along with the special [UIL Rules and Guidelines](#) implemented for this season, are necessary precautions to mitigate the spread of COVID-19. Should you have any questions or comments, please feel free to contact me or your local TWOA Chapter representatives.

Best regards,

A handwritten signature in black ink, appearing to read "Rex Anderson", is written over a white background.

Rex Anderson
President - TWOA